

## Do you know the rules? Do you follow them? The Five Rules of Cycling Safety (Revised November 2022)



Bicycles are classified as light vehicles (*kei sharyo*) by the Road Traffic Act, putting them in the same family as cars. And, just like with cars, there are traffic rules that their operators must obey.

The “Five Rules of Cycling Safety” are 5 basic traffic rules that cyclists must obey. Make sure you know and obey the Five Rules of Cycling Safety so that you don’t become the victim or the perpetrator of a cycling accident!

- ① As a general rule, cyclists should cycle on the left side of the road.  
Only use the sidewalk in exceptional circumstances and always give way to pedestrians
- ② Stop at traffic lights and stop signs, and make sure it’s safe before proceeding
- ③ Turn your light on at night
- ④ No cycling after drinking alcohol
- ⑤ **Wear your helmet**

\*Following an amendment to the Road Traffic Act, all cyclists must endeavor to wear a helmet starting 1 April 2023. Life is precious, protect yours by wearing a helmet!

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